

LIST OF MEDICINAL PLANTS

1. Malayalam Name : Agnimantharam

Botanical Name : *Bauhinia tomentosa*

Family : Caesalpiaceae

Useful part : Bark

Medicinal uses : Skin diseases, anti-inflammatory

2. Malayalam Name : Idinjil

Botanical Name : *Commiphora caudata*

Family : Burseraceae

Useful part : All parts

Medicinal uses : Heal wounds

3. Malayalam Name : Kutakappala

Botanical Name : *Holarrhena antidysenterica*

Family : Apocynaceae

Useful part : Bark, Seed

Medicinal uses : Malaria, vomiting, ulcer

4. Malayalam Name : Manithakkalai

Botanical Name : *Solanum nigrum*

Family : Solanaceae

Useful part : Fruit

Medicinal uses : Cough, asthma

5. Malayalam Name : Ilippa

Botanical Name : *Madhuca longifolia*

Family : Sapotaceae

Useful part : Whole plant

Medicinal uses : Bronchitis, rheumatism

6. Malayalam Name : Ekanayakam

Botanical Name : *Salacia reticulata*

Family : Celastraceae

Useful part : Root

Medicinal uses : Diabetes, skin disease

7. Malayalam Name : Ganapathinarakam

Botanical Name : *Citrus medica*

Family : Rutaceae

Useful part : Fruit

Medicinal uses : Urinary infection, leprosy, wound, ulcer

8. Malayalam Name : Ramacham

Botanical Name : *Vetiveria zizanioides*

Family : Poaceae

Useful part : Roots

Medicinal uses : Diarrhoea, sprains, ulcer, skin diseases

9. Malayalam Name : Kiriyaath

Botanical Name : *Andrographis paniculata*

Family : Acanthaceae

Useful part : Whole plant

Medicinal uses : Diabetes

10. Malayalam Name : Brahmi

Botanical Name : *Bacopamonnierii*

Family : Scrophulariaceae

Useful part : Whole plant

Medicinal uses : Memory booster

11. Malayalam Name : Koovalam

Botanical Name : *Aegle marmelos*

Family : Rutaceae

Useful part : Root, Leaves, Stem

Medicinal uses : Fever, swelling, diabetes, diarrhoea

12. Malayalam Name : Orila

Botanical Name : *Desmodium gangeticum*

Family : Papilionaceae

Useful part : Whole plant

Medicinal uses : fever, cough, bronchitis, constipation

13. Malayalam Name : Moovila

Botanical Name : *Pseudarthria viscida*

Family : Papilionaceae

Useful part : Whole plant

Medicinal uses : Cardiogenic, digestive, diabetes, tuberculosis

14. Malayalam Name : African malli

Botanical Name : *Eryngium foetidum*

Family : Apiaceae

Useful part : Leaves

Medicinal uses : constipation, fits, asthma, stomach ache

15. Malayalam Name : Vallippala
Botanical Name : *Tylophora indica*
Family : Apocyanaceae
Useful part : Root, leaves
Medicinal uses : Allergies, asthma, cancer

16. Malayalam Name : Vathamkolli
Botanical Name : *Justicia gendarussa*
Family : Acanthaceae
Useful part : Whole plant
Medicinal uses : Rheumatism ,bronchitis, arthritis

17. Malayalam Name : Neyvalli
Botanical Name : *Morinda umbellata*
Family : Rubiaceae
Useful part :
Medicinal uses : Curative effects against diarrhea

18. Malayalam Name : Chittaratha
Botanical Name : *Alpinia calcarata*
Family : Zingiberaceae
Useful part : Rhizome
Medicinal uses : Cough, Bronchitis, Ashtma

19. Malayalam Name : Vishamooli
Botanical Name : *Clinacanthus nutans*
Family : Acanthaceae
Useful part : Leaves
Medicinal uses : Skin rashes, insects and snake bites,

20. Malayalam Name : Ayyappana
Botanical Name : *Ayapana triplinervis*
Family : Asteraceae
Useful part : Leaves
Medicinal uses : bleeding and wounds

21. Malayalam Name : Thulasivettila
Botanical Name : *Piper betel*
Family : Piperaceae
Useful part : Leaf
Medicinal uses : bad breath, boils and abscesses

22. Malayalam Name : Thazhuthama
Botanical Name : *Boerhaavia diffusa*
Family : Nyctaginaceae
Useful part : Whole plant
Medicinal uses : Jaundice, kidney problems, skin troubles

23. Malayalam Name : Poopathiri
Botanical Name : *Stereospermum colais*
Family : Bignoniaceae
Useful part : Root, Stem
Medicinal uses : Diarrhoea, cough, Ashtma, Hyperdipsia

24. Malayalam Name : Safed mulsi
Botanical Name : *Chlorophytum borivilianum*
Family : Liliaceae
Useful part : Root stock
Medicinal uses : Skin disease, asthma, Sexual vigour ,

25. Malayalam Name : Vellila
Botanical Name : *Mussaenda frondosa*
Family : Rubiaceae
Useful part : Whole plant
Medicinal uses : Cough, wound, ulcer, cardiotoxic

26. Malayalam Name : Poochameesa
Botanical Name : *Orthosiphon aristatus*
Family : Lamiaceae
Useful part : Whole plant
Medicinal uses : Bladder stones & Kidney stone

27. Malayalam Name : Paalmuthukku
Botanical Name : *Ipomoea palamata*
Family : Convolvulaceae
Useful part : Tuberos root
Medicinal uses : Diuretic, Skin diseases, laxative

28. Malayalam Name : Sarpagandhi
Botanical Name : *Rauwolfia serpentina*
Family : Apocynaceae
Useful part : Roots
Medicinal uses : Hypertension , cardio tonic Diuretic

29. Malayalam Name : Erukku

Botanical Name : *Calotropis gigantea*

Family : Asclepiadaceae

Useful part : Whole plant

Medicinal uses : Laxative, Asthma, bronchitis

30. Malayalam Name : Garudapacha

Botanical Name : *Selaginella rupestris*

Family : Selaginellaceae

Useful part : Whole plant

Medicinal uses : Anticancer and antiviral

31. Malayalam Name : Dandhappala

Botanical Name : *Wrightia tinctoria*

Family : Apocynaceae

Useful part : Leaves

Medicinal uses : Leprosy, psoriasis, Burning sensation

32. Malayalam Name : Garudakkodi

Botanical Name : *Aristolochia indica*

Family : Aristolochiaceae

Useful part : Root

Medicinal uses : Skin disease, intestinal worm, poisonous bites.

33. Malayalam Name : Avanakku

Botanical Name : *Ricinus communis*

Family : Euphorbiaceae

Useful part : Root,leaves,Seed,Oil

Medicinal uses : Bronchitis, constipation, leprosy.

34. Malayalam Name : Changalamparanda

Botanical Name : *Cissus quadrangularis*

Family : Vitaceae

Useful part : Whole plant

Medicinal uses : Cuts, burns, wounds

35. Malayalam Name : Chuvannakoduveli

Botanical Name : *Plumbago indica*

Family : Plumbaginaceae

Useful part : Root

Medicinal uses : Cough, bronchitis, and gastrointestinal disorders

36. Malayalam Name : Peral

Botanical Name : *Ficus benghalensis*

Family : Moraceae

Useful part : Bark, bud, aerial root

Medicinal uses : Diarrhoea, ulcers, skin diseases, leprosy

37. Malayalam Name : Ithi

Botanical Name : *Ficus microcarpa*

Family : Moraceae

Useful part : Bark, bud, root

Medicinal uses : Wound, ulcer, burning sensation,

38. Malayalam Name : Thippali

Botanical Name : *Piper longum*

Family : Piperaceae

Useful part : Fruit

Medicinal uses : asthma, bronchitis, fever,

39. Malayalam Name : Thanni

Botanical Name : *Terminalia bellirica*

Family : Combretaceae

Useful part : Fruit

Medicinal uses : Ophthalmopathy, skin disease

40. Malayalam Name : Chathuramulla

Botanical Name : *Myxopyrum serratum*

Family : Olaceae

Useful part : Roots, Leaves

Medicinal uses : Cough, asthma, wound, neuropathy

41. Malayalam Name : Adalotakam

Botanical Name : *Adhatoda vasica*

Family : Acanthaceae

Useful part : Whole plant

Medicinal uses : Diuretic, cough, asthma, diarrhoea

42. Malayalam Name : Kadambu

Botanical Name : *Anthocephalus cadamba*

Family : Rubiaceae

Useful part : Stem, Leaf

Medicinal uses : pain, swelling and wounds

43. Malayalam Name : Peral

Botanical Name : *Ficus benghalensis*

Family : Moraceae

Useful part : Bark,bud,aerial root

Medicinal uses : Diarrhoea, ulcers, skin diseases, ulcer, leprosy

44. Malayalam Name : Plassu

Botanical Name : *Butea monosperma*

Family : Fabaceae

Useful part : Bark, leaves,

Medicinal uses : Bone fracture, ulcer, diabetes, skin disease, tumours

